





Sample Engagement Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	DIMENSIONS OF WELLNESS	MEETING PLACES	1	2	3	4
	 Physical  Spiritual  Social  Intellectual	DR - Dining Room L - Library P - Pub AB - Around the Building 2E - Billiards AS - Art Studio C - Chapel G - Garden W - Wellness TR - Television Room CB - Commons Building Lobby - Lobby CK - Country Kitchen FG - Fox Gym	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Sudoku, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 You be the Judge, <i>AS, CL</i> 🕒 11:00 Communion with Deacon, <i>C</i> 🕒 1:00-5:00 Creative Expression 🕒 2:00 Sing-A-Long, <i>TR</i>, 🕒 3:00 Jewelry Making, <i>AS</i>, 🕒 3:00 Food Committee, <i>C</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Game Night, <i>P, JD</i> 🕒 7:00 Movie Night-The 2 Popes, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Card Games, <i>CK, I</i> 🕒 11:00 Wheel of Fortune, <i>AS, CL</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Bible Study Group, <i>C</i> 🕒 1:00 Left, Right, Center, <i>AS, JD</i> 🕒 2:00 Uno Tournament, <i>CK, CW</i> 🕒 4:00 Afternoon Stretch, <i>P, CW</i> 🕒 6:00-8:00 Community Connection- Bingo, <i>AS, CW</i> 	<ul style="list-style-type: none"> 🕒 9:00-12:00 Active Living 🕒 9:00 Text Twist, <i>AS, CW</i> 🕒 10:00 Derby Racing, <i>P, CW</i> 🕒 1:00-5:00 Creative Expression 🕒 1:30 Bean Bag Toss, <i>P, CW</i> 🕒 3:00 Catholic Mass, <i>C</i> 🕒 3:00 Family Feud, <i>AS, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Bowling, <i>AS, JD</i> 🕒 7:00 Movie Night-Imagine That, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Sudoku Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Text Twist, <i>AS, CW</i> 🕒 10:00 Olympic Fit Exercise, <i>C</i> 🕒 11:00 You be the Judge, <i>P, CW</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Jeopardy, <i>AS, CW</i> 🕒 3:00 Brain Games, <i>AS, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 7:00 Movie Night-Potato Potahto, <i>TR</i>
5	6	7	8	9	10	11
<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 St. Charles Church Trip, <i>Lobby, OD</i> 🕒 9:00 First Bible Church, <i>C</i> 🕒 10:00 Communion, <i>C</i> 🕒 10:30 Rosary Group, <i>C</i> 🕒 1:00 Pokeno, <i>AS, OD</i> 🕒 2:00 Bean Bag Toss, <i>P, OD</i> 🕒 3:00 Wheel of Fortune, <i>AS, OD</i> 🕒 6:00-8:00 Community Connection- Game Night, <i>AS, CL</i> 🕒 7:00 Movie Night-Back of the Net, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Word Searches, <i>L</i> 🕒 9:00 Roulette, <i>CK, CL</i> 🕒 10:00 Baking Club, <i>P, CL</i> 🕒 11:00 Text Twist, <i>AS, CL</i> 🕒 1:00-5:00 Creative Expression 🕒 2:00 Mix and Mingle, <i>P, JD</i> 🕒 3:00 Educational Seminar, <i>C, DT</i> 🕒 3:00 Jeopardy, <i>AS, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Brain Games, <i>AS, JD</i> 🕒 7:00 Movie Night- Sweat heart, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Olympic Fit Exercise, <i>C</i> 🕒 10:30 Tuesday Trivia, <i>AS, CL</i> 🕒 11:00 Lunch Trip- Z-One, <i>Lobby</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Fun Facts with Wayne, <i>AS</i> 🕒 2:00 Live Entertainment with Victoria, <i>P</i> 🕒 3:00 Bridge Group, <i>CK</i> 🕒 4:00 Afternoon Stretch, <i>P, CW</i> 🕒 6:00-8:00 Community Connection 🕒 6:00 Sketch and Guess, <i>P, CW</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Sudoku, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 You be the Judge, <i>AS, CL</i> 🕒 10:00 Walgreen's, <i>Lobby</i> 🕒 10:00 Bingo with Hungarford, <i>AS</i> 🕒 11:00 Communion with Deacon, <i>C</i> 🕒 1:00-5:00 Creative Expression 🕒 2:00 Sing-A-Long, <i>TR, CW</i> 🕒 3:00 Arts and Crafting, <i>AS, CW</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Derby Racing, <i>P, JD</i> 🕒 7:00 Movie Night- K19 The Widomaker <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Card Games, <i>CK, I</i> 🕒 10:00 Pokeno, <i>AS, CL</i> 🕒 11:00 Wheel of Fortune, <i>AS, CL</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Bible Study Group, <i>C</i> 🕒 3:00 Happy Hour with Michelle, <i>P</i> 🕒 4:00 Afternoon Stretch, <i>P, CW</i> 🕒 6:00-8:00 Community Connection- Bingo, <i>P, CW</i> 🕒 7:00 Movie Night-Echo in the Canyon, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Word Searches, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 1:00-5:00 Creative Expression 🕒 1:00 Sabbath Service, <i>C</i> 🕒 1:30 Bean Bag Toss, <i>P, CW</i> 🕒 2:00 Tender Touch Massage with Ruth, <i>C</i> 🕒 3:00 Family Feud, <i>AS, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Bowling, <i>AS, JD</i> 🕒 7:00 Movie Night-National Lampoon's Loaded Weapon, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Sudoku Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Mad Libs, <i>AS, CW</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Jeopardy, <i>AS, CW</i> 🕒 2:00 Afternoon Movie- Guatemala Heart of the Mayan World, <i>TR</i> 🕒 2:30 Scenic Drive, <i>Lobby, CW</i> 🕒 3:00 Bean Bag Toss, <i>P, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 7:00 Movie Night-Austin Powers International Man of Mystery, <i>TR</i>
12	13	14	15	16	17	18
<ul style="list-style-type: none"> 🕒 9:00 First Bible Church, <i>C</i> 🕒 10:00 Communion, <i>C</i> 🕒 10:30 Rosary Group, <i>C</i> 🕒 11:00 News and Views, <i>P, OD</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Pokeno, <i>AS, OD</i> 🕒 2:00 Bean bag toss, <i>P, OD</i> 🕒 3:00 Wheel of Fortune, <i>AS, OD</i> 🕒 4:00 Afternoon Stretch, <i>P, CL</i> 🕒 6:00-8:00 Community Connection- Game Night, <i>AS, CL</i> 🕒 7:00 Movie Night-Spitfire the Plane that Changed the World, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Word Searches, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Roulette, <i>CK, CL</i> 🕒 10:00 Baking Club, <i>P, CL</i> 🕒 11:00 Text Twist, <i>AS, CL</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Family Feud, <i>AS, JD</i> 🕒 2:00 Mix and Mingle, <i>P, JD</i> 🕒 3:00 Jeopardy, <i>AS, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Brain Games, <i>AS, JD</i> 	<ul style="list-style-type: none"> 🕒 9:00-12:00 Active Living 🕒 9:00 Olympic Fit Exercise, <i>C</i> 🕒 10:30 Tuesday Trivia, <i>AS, CL</i> 🕒 11:00 Lunch Trip- Oriental Plaza, <i>Lobby</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Fun Facts with Wayne, <i>AS</i> 🕒 2:30 Arts and Crafting, <i>AS, CW</i> 🕒 4:00 Afternoon Stretch, <i>P, CW</i> 🕒 6:00 Live Musical Performance DJ Styles, <i>P</i> 🕒 7:00 Movie Night-Unfinished Song, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Sudoku, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 You be the Judge, <i>AS, CL</i> 🕒 10:00 Bingo with Hungarford, <i>AS</i> 🕒 10:00 Shopping Trip- CVS, <i>Lobby</i> 🕒 11:00 Communion with Deacon, <i>C</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Proactive Safe Living, <i>FG</i> 🕒 1:00 Puzzles with Theresa, <i>CK</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Game Night, <i>AS, CW</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Card Games, <i>CK, I</i> 🕒 10:00 Pokeno, <i>AS, CL</i> 🕒 11:00 Wheel of Fortune, <i>AS, CL</i> 🕒 1:00-5:00 Creative Expression 🕒 2:00 Uno Tournament, <i>CK, CW</i> 🕒 4:00 Afternoon Stretch, <i>P, CL</i> 🕒 6:00-8:00 Community Connection- Bingo, <i>P, CW</i> 🕒 7:00 Movie Night-Barely Lethal, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Word Searches, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Text Twist, <i>AS, CW</i> 🕒 10:00 Derby Racing, <i>P, CW</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Sabbath Service, <i>C</i> 🕒 1:30 Bean Bag Toss, <i>P, CW</i> 🕒 2:30 Afternoon Treats with Chef Bobby, <i>P</i> 🕒 3:30 Zumba Fitness, <i>P</i> 🕒 6:00-8:00 Community Connection- Bowling, <i>P, JD</i> 🕒 7:00 Movie Night-Samson, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Sudoku Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 10:00 Olympic Fit Exercise, <i>C</i> 🕒 11:30 You be the Judge, <i>P, CW</i> 🕒 2:00 Live Entertainment- <i>TR</i> 🕒 2:30 Scenic Drive, <i>Lobby, CW</i> 🕒 3:00 Bingo, <i>AS, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Live Entertainment with John, <i>P, JD</i> 🕒 7:00 Movie Night-Documentary Amelia A Tale of Two Sisters, <i>TR</i>
19	20	21	22	23	24	25
<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 First Bible Church, <i>C</i> 🕒 10:00 Communion, <i>C</i> 🕒 10:30 Rosary Group, <i>C</i> 🕒 11:00 News and Views, <i>P, OD</i> 🕒 1:00-5:00 Creative Expression 🕒 2:00 Bean bag toss, <i>P, OD</i> 🕒 4:00 Afternoon Stretch, <i>P, CL</i> 🕒 6:00-8:00 Community Connection- Game Night, <i>AS, CL</i> 🕒 7:00 Movie Night-Cleopatra Jones, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Word Searches, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Roulette, <i>CK, CL</i> 🕒 10:00 Baking Club, <i>P, CL</i> 🕒 11:00 Billiards, <i>2E</i>, 🕒 11:00 Text Twist, <i>AS, CL</i> 🕒 11:30 Musical Performance by Mark, <i>DR</i> 🕒 2:00 Mix and Mingle, <i>P, JD</i> 🕒 3:00 Educational Seminar, <i>C, DT</i> 🕒 3:00 Jeopardy, <i>AS, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 7:00 Movie Night-Hard Lessons, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Olympic Fit Exercise, <i>C</i> 🕒 10:30 Tuesday Trivia, <i>AS, CL</i> 🕒 11:00 Bean Bag Toss, <i>P, CL</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Fun Facts with Wayne, <i>AS</i> 🕒 2:00 Bridge Group, <i>CK</i> 🕒 2:30 Arts and Crafting, <i>AS, CW</i> 🕒 4:00 Afternoon Stretch, <i>P, CW</i> 🕒 6:00-8:00 Community Connection- Sketch and Guess, <i>AS, CW</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Sudoku, <i>L</i> 🕒 9:00 You be the Judge, <i>AS, CL</i> 🕒 10:00 Bingo with Hungarford, <i>AS</i> 🕒 10:00 Shopping Trip- Dollar Tree, <i>Lobby</i> 🕒 11:00 Communion with Deacon, <i>C</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Puzzles with Theresa, <i>CK</i>, 🕒 2:00 Sing-A-Long, <i>TR, CW</i> 🕒 3:00 Jewelry making with Ann and Genevieve, <i>P</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Game Night, <i>AS, CW</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Card Games, <i>CK, I</i> 🕒 10:00 Pokeno, <i>AS, CW</i> 🕒 11:00 Wheel of Fortune, <i>AS, CW</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Bible Study Group, <i>C</i> 🕒 3:00 Happy Hour with Michelle, <i>P</i> 🕒 4:00 Afternoon Stretch, <i>P, CW</i> 🕒 6:00-8:00 Community Connection-Bingo <i>CK, I</i> 🕒 7:00 Movie Night- Small Soldiers, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 9:00-12:00 Active Living 🕒 10:00 Derby Racing, <i>P, CW</i> 🕒 11:00 Sketch & Guess, <i>AS, CW</i> 🕒 1:00-5:00 Creative Expression 🕒 1:30 Bean Bag Toss, <i>P, CW</i> 🕒 2:00 Tender Touch Massage with Ruth, <i>C</i> 🕒 2:30 Afternoon Treats with Chef Bobby, <i>P</i> 🕒 3:00 Family Feud, <i>AS, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Bowling, <i>AS, JD</i> 🕒 7:00 Movie Night-Documentary What the Health, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Sudoku Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Mad Libs, <i>AS, CW</i> 🕒 11:30 You be the Judge, <i>P, CW</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Jeopardy, <i>AS, CW</i> 🕒 2:00 Afternoon Movie- The Lion Woman, <i>TR</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Bean Bag Toss, <i>P, JD</i> 🕒 7:00 Movie Night- Monty Python's Life of Brian, <i>TR</i>
26	27	28	29	30	31	
<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 First Bible Church, <i>C</i> 🕒 10:00 Communion, <i>C</i> 🕒 10:30 Rosary Group, <i>C</i> 🕒 11:00 News and Views, <i>P, OD</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Pokeno, <i>AS, OD</i> 🕒 3:00 Wheel of Fortune, <i>AS, OD</i> 🕒 6:00-8:00 Community Connection- Game Night, <i>AS, CL</i> 🕒 7:00 Movie Night-Evolution, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Word Searches, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:30 Roulette, <i>CK, OD</i> 🕒 11:00 Billiards, <i>2E, CL</i> 🕒 11:00 Text Twist, <i>AS, CL</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Family Feud, <i>AS, CL</i> 🕒 2:00 Mix and Mingle, <i>P, JD</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Brain Games, <i>AS, JD</i> 🕒 7:00 Movie Night-Knowing, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 9:00-12:00 Active Living 🕒 9:00 Olympic Fit Exercise, <i>C</i> 🕒 10:00 Tuesday Trivia, <i>AS, CL</i> 🕒 1:00-5:00 Creative Expression 🕒 1:30 Crazy Cash Trade out, <i>L</i> 🕒 2:00 Bridge Group, <i>CK</i> 🕒 2:30 Arts and Crafting, <i>AS, CW</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Sketch n Guess, <i>AS, JD</i> 🕒 7:00 Movie Night-A.X.L., <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Sudoku, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 You be the Judge, <i>AS, CL</i> 🕒 10:00 Bingo with Hungarford, <i>AS</i> 🕒 10:00 Shopping Trip- Dollar Tree, <i>Lobby</i> 🕒 11:00 Communion with Deacon, <i>C</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Puzzles with Theresa, <i>CK</i>, 🕒 2:00 Monthly Birthday Party, <i>P</i> 🕒 3:00 Jewelry making with Ann and Genevieve, <i>P</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 7:00 Movie Night-Full Out, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Card Games, <i>CK, I</i> 🕒 10:00 Pokeno, <i>AS, CW</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Bible Study Group, <i>C</i> 🕒 1:00 Left, Right, Center, <i>AS, CW</i> 🕒 3:00 Happy Hour with Michelle, <i>P</i> 🕒 6:00-8:00 Community Connection-Card Games <i>CK, I</i> 🕒 7:00 Movie Night-Down the Fence, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:00-9:00 Mindful Mornings- Word Searches, <i>L</i> 🕒 9:00-12:00 Active Living 🕒 9:00 Text Twist, <i>AS, CW</i> 🕒 10:00 Derby Racing, <i>P, CW</i> 🕒 11:00 Sketch & Guess, <i>AS, CW</i> 🕒 1:00-5:00 Creative Expression 🕒 1:00 Sabbath Service, <i>C</i> 🕒 2:30 Afternoon Treats with Chef Bobby, <i>P</i> 🕒 4:00 Afternoon Stretch, <i>P, JD</i> 🕒 6:00-8:00 Community Connection- Bowling, <i>AS, JD</i> 🕒 7:00 Movie Night- Heal, <i>TR</i> 	