


# Engagement Calendar September 2019

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1		2		3		4		5		6		7	
8	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Crossword Puzzles, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:00 First Bible Church, <i>C</i></li> <li>🕒 9:00 St. Charles Church Trip, Lobby</li> <li>🕒 10:15 Communion, <i>C</i></li> <li>🕒 10:30 Rosary Group, <i>C</i></li> <li>🕒 11:00 News and Views, <i>P, CW</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Bingo, <i>AS, CW</i></li> <li>🕒 2:30 Arts &amp; Crafting, <i>AS, CW</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, CL</i></li> <li>🕒 6:00-8:00 Community Connection - Game Night, <i>AS, CL</i></li> <li>🕒 7:00 Movie Night- Iron Lady, <i>TR</i></li> </ul>	9	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Word Searches, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:00 Roulette, <i>CK, CL</i></li> <li>🕒 10:00 Baking Club, <i>P, CL</i></li> <li>🕒 11:00 Text Twist, <i>AS, CL</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:30 Educational Seminar- Berlin, Munich and The Foothills of the Alps, <i>C</i></li> <li>🕒 2:00 Mix and Mingle, <i>P, CW</i></li> <li>🕒 3:00 Family Feud, <i>AS, CW</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, CW</i></li> <li>🕒 6:00-8:00 Community Connection - Left, Right, Center, <i>AS, CW</i></li> <li>🕒 7:00 Movie Night- Rocky II, <i>TR</i></li> </ul>	10	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Crossword Puzzles, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:00 Olympic Fit Class, <i>CB</i></li> <li>🕒 10:30 Tuesday Trivia, <i>AS, JD</i></li> <li>🕒 11:00 Bean Bag Toss, <i>P, JD</i></li> <li>🕒 11:00 Lunch Trip- Oriental Plaza, Lobby</li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Fun Facts with Wayne, <i>AS</i></li> <li>🕒 2:00 Bridge Group, <i>CK</i></li> <li>🕒 2:30 Fine Arts &amp; Crafting, <i>AS, CW</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, CW</i></li> <li>🕒 6:00-8:00 Live Musical Performance by DJ Styles, <i>P</i></li> <li>🕒 7:00 Movie Night- Sister Cities, <i>TR</i></li> </ul>	11	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Sudoku, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 10:00 Morning Stroll w/ Theresa, <i>P</i></li> <li>🕒 10:00 Shopping Trip- Walgreen's, Lobby</li> <li>🕒 11:00 Communion with Deacon, <i>C</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 2:00 Text Twist, <i>AS, JD</i></li> <li>🕒 3:00 Jewelry making with Ann and Genevieve, <i>P</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, JD</i></li> <li>🕒 6:00-8:00 Community Connection - Game Night, <i>AS, JD</i></li> <li>🕒 7:00 Movie Night- The Trip to Spain, <i>TR</i></li> </ul>	12	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Crossword Puzzles, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:00 Gardening, <i>G</i></li> <li>🕒 9:30 Language Lessons- German Phrases, <i>AS, DT</i></li> <li>🕒 10:00 Pokeno, <i>AS, DT</i></li> <li>🕒 11:00 Wheel of Fortune, <i>AS</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 2:00 Uno Tournament, <i>CK</i></li> <li>🕒 3:00 Happy Hour with Michelle, <i>P</i></li> <li>🕒 4:00 National Assisted Living Week Family BBQ Dinner, <i>AB</i></li> <li>🕒 7:00 Movie Night- Iron Cowboy: The Story of the 50.50.50, <i>TR</i></li> </ul>	13	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Word Searches, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:30 Text Twist, <i>AS, CW</i></li> <li>🕒 10:00 Bingo w/ Hungarford, <i>AS</i></li> <li>🕒 11:00 Left, Right, Center, <i>CK</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Sabbath Service, <i>C, CW</i></li> <li>🕒 1:30 Bean Bag Toss, <i>P</i></li> <li>🕒 2:00 Tender Touch Massage with Ruth, <i>C</i></li> <li>🕒 2:30 Afternoon Treats with Chef Bobby- Ft. German Food, <i>P</i></li> <li>🕒 3:30 Zumba with Mama Fe, <i>P</i></li> <li>🕒 6:00-8:00 Community Connection - Jeopardy, <i>AS, JD</i></li> <li>🕒 7:00 Movie Night- Shorts, <i>TR</i></li> </ul>	14	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Sudoku Puzzles, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 10:00 Olympic Fit Class, <i>CB</i></li> <li>🕒 11:30 You be the Judge, <i>P, CW</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Jeopardy, <i>AS, CW</i></li> <li>🕒 2:00 Afternoon Movie- The Phantom of the Opera, <i>TR</i></li> <li>🕒 2:30 Scenic Drive, <i>Lobby, CW</i></li> <li>🕒 3:00 Text Twist, <i>AS, JD</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, JD</i></li> <li>🕒 6:00-8:00 Community Connection - Game Night, <i>P, JD</i></li> <li>🕒 7:00 Movie Night- The Journey, <i>TR</i></li> </ul>
15	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Crossword Puzzles, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:00 First Bible Church, <i>C</i></li> <li>🕒 10:15 Communion, <i>C</i></li> <li>🕒 10:30 Rosary Group, <i>C</i></li> <li>🕒 11:00 News and Views, <i>P, DT</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Live Musical Performance by Lynn, <i>P</i></li> <li>🕒 2:30 Pokeno, <i>AS, DT</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, CL</i></li> <li>🕒 6:00-8:00 Community Connection - Game Night, <i>AS, CL</i></li> <li>🕒 7:00 Movie Night, <i>TR</i></li> </ul>	16	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Word Searches, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:00 Roulette, <i>CK, CL</i></li> <li>🕒 10:00 Baking Club, <i>P, CL</i></li> <li>🕒 11:00 Text Twist, <i>AS, CL</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:30 Educational Seminar- Germany's Dresden, Leipzig, Hamburg and the Luther Trail, <i>C</i></li> <li>🕒 2:00 Mix and Mingle, <i>P, JD</i></li> <li>🕒 3:00 Family Feud, <i>AS, JD</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, JD</i></li> <li>🕒 6:00-8:00 Community Connection - Bean Bag Toss, <i>AS, JD</i></li> <li>🕒 7:00 Movie Night- Rocky III, <i>TR</i></li> </ul>	17	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Crossword Puzzles, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:00 Olympic Fit Class, <i>CB</i></li> <li>🕒 10:30 Tuesday Trivia, <i>AS, CL</i></li> <li>🕒 11:00 Bean Bag Toss, <i>P, CL</i></li> <li>🕒 11:00 Lunch Trip- Z-One, <i>Lobby</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Fun Facts with Wayne, <i>AS</i></li> <li>🕒 2:00 Bridge Group, <i>CK</i></li> <li>🕒 2:30 Arts &amp; Crafting, <i>AS, CW</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, CW</i></li> <li>🕒 6:00-8:00 Community Connection- Sketch &amp; Guess, <i>AS, CW</i></li> <li>🕒 7:00 Movie Night- Jupiter Ascending, <i>TR</i></li> </ul>	18	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Sudoku, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:00 Brain Storming, <i>AS, CL</i></li> <li>🕒 10:00 Morning Stroll w/ Theresa, <i>P</i></li> <li>🕒 10:00 Shopping Trip- Lidl's, <i>Lobby</i></li> <li>🕒 11:00 Communion with Deacon, <i>C</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Mahjong, <i>CK</i></li> <li>🕒 2:00 Karaoke Sing-A-Long, <i>TR, CW</i></li> <li>🕒 3:00 Jewelry making with Ann and Genevieve, <i>P</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, CW</i></li> <li>🕒 6:00-8:00 Community Connection - Game Night, <i>AS</i></li> <li>🕒 7:00 Movie Night- Second Best, <i>TR</i></li> </ul>	19	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Crossword Puzzles, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:00 Musical Seminar with Charles- Classic Rock, <i>AS</i></li> <li>🕒 10:00 Wheel of Fortune, <i>AS, CW</i></li> <li>🕒 11:00 Derby Racing, <i>AS, CW</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Left, Right, Center, <i>AS, CW</i></li> <li>🕒 2:00 Doo Wop Show, <i>P</i></li> <li>🕒 3:00 Happy Hour w/ Michelle, <i>P, CW</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, CL</i></li> <li>🕒 6:00-8:00 Community Connection - Bingo, <i>P, CL</i></li> <li>🕒 7:00 Movie Night- Clash of the Titans, <i>TR</i></li> </ul>	20	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Word Searches, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 9:30 Text Twist, <i>AS, CW</i></li> <li>🕒 10:00 Bingo w/ Hungarford, <i>AS</i></li> <li>🕒 11:00 Left, Right, Center, <i>CK</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Sabbath Service, <i>C</i></li> <li>🕒 1:30 Bean Bag Toss, <i>P, CW</i></li> <li>🕒 2:30 Afternoon Treats with Chef Bobby ft. German Foods, <i>P</i></li> <li>🕒 3:00 Bowling, <i>P, JD</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, JD</i></li> <li>🕒 6:00-8:00 Community Connection - Left, Right, Center, <i>AS, JD</i></li> <li>🕒 7:00 Movie Night- Doubt, <i>TR</i></li> </ul>	21	<ul style="list-style-type: none"> <li>🕒 8:00-9:00 Mindful Mornings-Sudoku Puzzles, <i>L</i></li> <li>🕒 9:00 Active Living, <i>AB</i></li> <li>🕒 10:00 Olympic Fit Class, <i>CB</i></li> <li>🕒 11:30 You be the Judge, <i>P, CW</i></li> <li>🕒 1:00 Creative Expression</li> <li>🕒 1:00 Jeopardy, <i>AS, CW</i></li> <li>🕒 2:00 Afternoon Movie- 10,000 BC, <i>TR</i></li> <li>🕒 2:30 Scenic Drive, <i>Lobby, CW</i></li> <li>🕒 3:00 Family Feud, <i>AS, JD</i></li> <li>🕒 4:00 Afternoon Stretch, <i>P, JD</i></li> <li>🕒 6:00-8:00 Community Connection - Game Night, <i>P, JD</i></li> <li>🕒 7:00 Movie Night- Jack of All Trades, <i>TR</i></li> </ul>



22	23	24	25	26	27	28
<ul style="list-style-type: none"> <li>8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i></li> <li>9:00 Active Living, <i>AB</i></li> <li>9:00 First Bible Church, <i>C</i></li> <li>10:15 Communion, <i>C</i></li> <li>10:30 Rosary Group, <i>C</i></li> <li>11:00 News and Views, <i>P, DT</i></li> <li>1:00 Creative Expression</li> <li>1:00 Brain Storming- German Composers and Folk Lore, <i>P, DT</i></li> <li>2:00 Live Musical Performance by Angelica, <i>P</i></li> <li>4:00 Afternoon Stretch, <i>P, CL</i></li> <li>6:00-8:00 Community Connection - Game Night, <i>AS, CL</i></li> <li>7:00 Movie Night- Raising the Bar, <i>TR</i></li> </ul>	<ul style="list-style-type: none"> <li>8:00-9:00 Mindful Mornings- Word Searches, <i>L</i></li> <li>9:00 Active Living, <i>AB</i></li> <li>9:00 Roulette, <i>CK, CL</i></li> <li>10:00 Baking Club, <i>P, CL</i></li> <li>11:00 Text Twist, <i>AS, CL</i></li> <li>1:00 Creative Expression</li> <li>1:30 Educational Seminar- Germany's Frankfurt, Nurnberg, Saltzbutrt and Surroundings, <i>C</i></li> <li>2:00 Mix and Mingle, <i>P, JD</i></li> <li>3:00 Family Feud, <i>AS, JD</i></li> <li>4:00 Afternoon Stretch, <i>P, JD</i></li> <li>6:00-8:00 Community Connection - Bowling, <i>AS, JD</i></li> <li>7:00 Movie Night- Now and Then, <i>TR</i></li> </ul>	<ul style="list-style-type: none"> <li>8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i></li> <li>9:00 Active Living, <i>AB</i></li> <li>9:00 Olympic Fit Class, <i>CB</i></li> <li>10:30 Tuesday Trivia, <i>AS, CL</i></li> <li>11:00 Bean Bag Toss, <i>P, CL</i></li> <li>1:00 Creative Expression</li> <li>1:00 Fun Facts with Wayne, <i>AS, CW</i></li> <li>1:30 Crazy Cash Trade out, <i>Lobby</i></li> <li>2:00 Bridge Group, <i>CK</i></li> <li>2:30 Fine Arts and Crafting, <i>AS, CW</i></li> <li>4:00 Afternoon Stretch, <i>P, CW</i></li> <li>6:00-8:00 Community Connection - Sketch &amp; Guess, <i>AS, CW</i></li> <li>7:00 Movie Night- Sherlock Holmes, <i>TR</i></li> </ul>	<ul style="list-style-type: none"> <li>8:00-9:00 Mindful Mornings- Sudoku, <i>L</i></li> <li>9:00 Active Living, <i>AB</i></li> <li>10:00 Morning Stroll w/ Theresa, <i>P</i></li> <li>10:00 Shopping Trip- Dollar Tree, <i>Lobby</i></li> <li>11:00 Communion with Deacon, <i>C</i></li> <li>1:00 Creative Expression</li> <li>1:00 NYPL Art Program with Margie, <i>CK</i></li> <li>2:00 Monthly Birthday Party, <i>P</i></li> <li>3:00 Jewelry making with Ann and Genevieve, <i>P</i></li> <li>4:00 Afternoon Stretch, <i>P, CW</i></li> <li>6:00-8:00 Community Connection - Game Night, <i>AS, CW</i></li> <li>7:00 Movie Night- Secret Obsession, <i>TR</i></li> </ul>	<ul style="list-style-type: none"> <li>8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i></li> <li>9:00 Active Living, <i>AB</i></li> <li>9:00 Gardening, <i>G</i></li> <li>9:30 Language Lessons- German Names, <i>AS, DT</i></li> <li>10:00 Pokeno, <i>AS, CW</i></li> <li>11:00 Wheel of Fortune, <i>AS, CW</i></li> <li>1:00 Creative Expression</li> <li>1:00 Left, Right, Center, <i>AS, CW</i></li> <li>2:00 Jeopardy, <i>AS, CW</i></li> <li>3:00 Happy Hour with Michelle, <i>P</i></li> <li>4:00 Afternoon Stretch, <i>P, CL</i></li> <li>6:00-8:00 Community Connection - Live Musical Performance by Mark, <i>P</i></li> <li>7:00 Movie Night- Jersey Boys, <i>TR</i></li> </ul>	<ul style="list-style-type: none"> <li>8:00-9:00 Mindful Mornings- Word Searches, <i>L</i></li> <li>9:00 Active Living, <i>AB</i></li> <li>9:30 Text Twist, <i>AS, CW</i></li> <li>10:00 Bingo w/ Hungarford, <i>AS</i></li> <li>11:00 Left, Right, Center, <i>CK</i></li> <li>1:00 Creative Expression</li> <li>1:00 Sabbath Service, <i>C</i></li> <li>1:30 Bean Bag Toss, <i>P, CW</i></li> <li>2:00 Tender Touch Massage with Ruth, <i>C</i></li> <li>2:30 Afternoon Treats with Chef Bobby- Ft. German Foods, <i>P</i></li> <li>3:00 Derby Racing, <i>P, JD</i></li> <li>4:00 Afternoon Stretch, <i>P, JD</i></li> <li>6:00-8:00 Community Connection - Left, Right, Center, <i>AS, JD</i></li> <li>7:00 Movie Night- Cabaret, <i>TR</i></li> </ul>	<ul style="list-style-type: none"> <li>8:00-9:00 Mindful Mornings- Sudoku Puzzles, <i>L</i></li> <li>9:00 Furry Friends visit with Duke, <i>AB</i></li> <li>9:00 Active Living, <i>AB</i></li> <li>10:00 Olympic Fit Class, <i>CB</i></li> <li>11:30 You be the Judge, <i>P, CW</i></li> <li>1:00 Creative Expression</li> <li>1:00 Jeopardy, <i>AS, CW</i></li> <li>2:00 Afternoon Movie, <i>TR</i></li> <li>2:30 Scenic Drive, <i>Lobby, CW</i></li> <li>3:00 Family Feud, <i>AS, JD</i></li> <li>4:00 Afternoon Stretch, <i>P, JD</i></li> <li>6:00-8:00 Community Connection - Game Night, <i>P, JD</i></li> <li>7:00 Movie Night- The Kings Speech, <i>TR</i></li> </ul>
29	30	IT'S TRAVEL TIME		MEETING PLACES	STAFF KEY	DIMENSIONS OF WELLNESS
<ul style="list-style-type: none"> <li>8:00-9:00 Mindful Mornings- Crossword Puzzles, <i>L</i></li> <li>9:00 Active Living, <i>AB</i></li> <li>9:00 First Bible Church, <i>C</i></li> <li>10:15 Communion, <i>C</i></li> <li>10:30 Rosary Group, <i>C</i></li> <li>11:00 News and Views, <i>P, DT</i></li> <li>1:00 Creative Expression</li> <li>1:30 Brain Storming- German Inventions, <i>AS, DT</i></li> <li>3:00 Pokeno, <i>AS, DT</i></li> <li>4:00 Afternoon Stretch, <i>P, CL</i></li> <li>6:00-8:00 Community Connection - Game Night, <i>AS, CL</i></li> <li>7:00 Movie Night- Space Cowboys, <i>TR</i></li> </ul>	<ul style="list-style-type: none"> <li>8:00-9:00 Mindful Mornings- Word Searches, <i>L</i></li> <li>9:00 Active Living, <i>AB</i></li> <li>9:00 Roulette, <i>CK, CL</i></li> <li>10:00 Cookie Decorating, <i>P, CL</i></li> <li>11:00 Text Twist, <i>AS, CL</i></li> <li>1:00 Creative Expression</li> <li>1:30 Educational Seminar- Germany's Romantic Rhine and Rothenburg. As well as Facts Customs and Traditions, <i>C</i></li> <li>2:00 Mix and Mingle, <i>P, JD</i></li> <li>3:00 Family Feud, <i>AS, JD</i></li> <li>4:00 Afternoon Stretch, <i>P, JD</i></li> <li>6:00-8:00 Community Connection - Bean Bag Toss, <i>P, JD</i></li> <li>7:00 Movie Night- Riptide, <i>TR</i></li> </ul>			<ul style="list-style-type: none"> <li><i>DR</i> - Dining Room</li> <li><i>L</i> - Library</li> <li><i>P</i> - Pub</li> <li><i>AB</i> - Around the Building</li> <li><i>2E</i> - Billiards</li> <li><i>AS</i> - Art Studio</li> <li><i>C</i> - Chapel</li> <li><i>G</i> - Garden</li> <li><i>W</i> - Wellness</li> <li><i>TR</i> - Television Room</li> <li><i>CB</i> - Commons Building</li> <li><i>Lobby</i> - Lobby</li> <li><i>CK</i> - Country Kitchen</li> </ul>	<p><b>Salus Coach</b> Diana Thompson, <i>DT</i></p> <p><b>Valeo Director</b> Elizabeth Ratcliffe, <i>ER</i></p> <p><b>Activities Staff</b> Crisan White, <i>CW</i> Christine Lia, <i>CL</i> John Delosi, <i>JD</i> Kurt Hamilton, <i>KH</i> Jessica DeRubbio, <i>JD</i></p>	<ul style="list-style-type: none"> <li> Physical</li> <li> Spiritual</li> <li> Social</li> <li> Intellectual</li> </ul> <p>***All Highlighted Activities are part of our Travel Times Program. This month we are exploring Germany!***</p>

**Notes:**  
**\*\*Please see activity board in lobby for cancelations or changes.**  
**\*\*Duration of trips depends on the destination.**  
**\*\*Please arrive in the lobby 15 mins before trips depart**  
**\*\*In the event of an activity not taking place per schedule please notify Diana Thompson, Lifestyles Director (if unavailable please notify Elizabeth Ratcliffe, Valeo Director)**

