

Engagement Calendar August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5	6	7	8	9	10
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Salus Coach
Diana Thompson, DT

Valeo Director
Elizabeth Ratcliffe, ER

Activities Staff
Crisan White, CW
Christine Lia, CL
Jennifer Minucci, JM
Kurt Hamilton, KH
Jessica DeRubio, JD

MEETING PLACES

DR - Dining Room
L - Library
P - Pub

AB - Around the Building
2E - Billiards
AS - Art Studio
C - Chapel
G - Garden
W - Wellness

TR - Television Room
CB - Commons Building
Lobby - Lobby
CK - Country Kitchen

DIMENSIONS OF WELLNESS

Physical
 Spiritual
 Social
 Intellectual

1

8:30-9:30 Gentle Waking - Crossword Puzzles, *L*
9:00-12:00 Active Living
9:00 Text Twist, *AS, JD*
10:00 Bingo with Hungarford, *AS*
11:00 Wheel of Fortune, *AS, JD*
1:00-5:00 Creative Expression
1:00 Derby Racing, *P, JD*
2:00 Left, Right, Center, *CK, JD*
3:00 Happy Hour with Michelle, *P*
4:00 Afternoon Stretch, *P, CL*
6:00-8:00 Community Connection - Game Night, *AS, CL*
7:00 Movie Night- Inkheart, *TR*

2

8:30-9:30 Gentle Waking - Word Searches, *L*
9:00-12:00 Active Living
9:00 Text Twist, *AS, CW*
10:00 Bowling, *P, CW*
11:00 Family Feud, *AS, CW*
1:00-5:00 Creative Expression
1:00 Sabbath Service, *C*
1:30 Bean Bag Toss, *P, CW*
2:30 Afternoon Treats with Chef Bobby, *P*
4:00 Afternoon Stretch, *P, CW*
6:00-8:00 Community Connection - Board Games, *AS*
7:00 Movie Night- Benji, *TR*

3

8:30-9:30 Gentle Waking - Sudoku Puzzles, *L*
9:00-12:00 Active Living
10:00 Olympic Fit Class, *CB*
11:30 You be the Judge, *P, CW*
1:00-5:00 Creative Expression
1:00 Jeopardy, *AS, CW*
2:00 Afternoon Movie- The Eichmann Show, *TR*
2:30 Scenic Drive, *Lobby, CW*
4:00 Afternoon Stretch, *P, CW*
6:00-8:00 Community Connection - Card Game, *P*
7:00 Movie Night-The Pink Panther, *TR*

4

8:30-9:30 Gentle Waking - Crossword Puzzles, *L*
9:00-12:00 Active Living
9:00 First Bible Church, *C*
9:00 St. Charles Church Trip, *Lobby, CW*
10:00 Communion, *C*
10:30 Rosary Group, *C*
11:00 News and Views, *P, CW*
1:00-5:00 Creative Expression
1:00 Bean Bag Toss, *P, CW*
2:00 Wheel of Fortune, *AS, CW*
3:00 Fine Arts & Crafting, *AS, CW*
4:00 Afternoon Stretch, *P, CL*
6:00-8:00 Community Connection- Game Night, *AS, CL*
7:00 Movie Night- The Push, *TR*

5

8:30-9:30 Gentle Waking - Word Searches, *L*
9:00-12:00 Active Living
9:00 Text Twist, *AS, CL*
10:00 Baking Club, *P, CL*
11:00 Roulette, *CK, CL*
1:00-5:00 Creative Expression
1:00 Derby Racing, *P, CL*
2:00 Mix and Mingle, *P*
3:00 Family Feud, *AS*
4:00 Afternoon Stretch, *P*
6:00-8:00 Community Connection - Brain Games, *AS*
7:00 Movie Night- Opera Winfrey Presents: When they see us now, *TR*

6

8:30-9:30 Gentle Waking - Crossword Puzzles, *L*
9:00-12:00 Active Living
9:00 Olympic Fit Class, *CB*
10:00 Piano with Ken, *Lobby*
10:30 Tuesday Trivia, *AS, CL*
11:00 Bean Bag Toss, *P, CL*
1:00-5:00 Creative Expression
1:00 Fun Facts with Wayne, *AS*
2:00 Bridge Group, *CK*
2:00 Fine Arts and Crafting, *AS, CW*
4:00 Afternoon Stretch, *P, CW*
6:00-8:00 Community Connection - Sketch and Guess, *AS, CW*
7:00 Movie Night- Nova: Building Chernobyl's Megatomb, *TR*

7

8:30-9:30 Gentle Waking - Sudoku, *L*
9:00-12:00 Active Living
9:00 Roulette, *CK, CL*
10:00 Morning Stroll w/ Theresa, *P*
11:00 Shopping Trip- Dollar Tree, *Lobby, CW*
11:00 Communion with Deacon, *C*
1:00-5:00 Creative Expression
1:00 Uno, *CK, CL*
1:30 Resident Council, *C*
2:00 Jewelry making with Ann and Genevieve, *P*
3:00 Food Committee, *C*
4:00 Afternoon Stretch, *P, CW*
6:00-8:00 Community Connection - Game Night, *AS, CW*
7:00 Movie Night- The Journey, *TR*

8

8:30-9:30 Gentle Waking - Crossword Puzzles, *L*
9:00-12:00 Active Living
9:00 Gardening, *G, JD*
10:00 Bingo with Hungarford, *AS*
11:00 Bible Study with Nina, *C*
1:00-5:00 Creative Expression
1:00 Bowling, *P, JD*
2:00 Healthy Body Healthy Mind, *AS*
3:00 Happy Hour with Michelle, *P*
4:00 Afternoon Stretch, *P, CL*
6:00-8:00 Community Connection - Bingo, *P, CL*
7:00 Movie Night- Charlie and The Chocolate Factory, *TR*

9

8:30-9:30 Gentle Waking - Word Searches, *L*
9:00-12:00 Active Living
9:00 Text Twist, *AS, CW*
10:00 Derby Racing, *P, CW*
11:00 Left, Right, Center, *CK, CW*
1:00-5:00 Creative Expression
1:00 Sabbath Service, *C*
1:30 Bean Bag Toss, *P, CW*
2:00 Tender Touch Massage with Ruth, *C*
2:30 Afternoon Treats with Chef Bobby, *P*
3:00 Family Feud, *AS, CW*
4:00 Afternoon Stretch, *P, CW*
6:00-8:00 Community Connection - Board Games, *AS*
7:00 Movie Night- Pink Panther 2, *TR*

10

8:30-9:30 Gentle Waking - Sudoku Puzzles, *L*
9:00-12:00 Active Living
10:00 Olympic Fit Exercise Class, *CB*
11:30 You be the Judge, *P, CW*
1:00-5:00 Creative Expression
1:00 Ice Cream Social, *P, CW*
2:00 Afternoon Movie- Nights in Rodanthe, *TR*
2:30 Scenic Drive, *Lobby, CW*
4:00 Afternoon Stretch, *P, JM*
6:00-8:00 Community Connection - Game Night, *P, JM*
7:00 Movie Night-The Man who Knew too Little, *TR*

11

8:30-9:30 Gentle Waking - Crossword Puzzles, *L*
9:00-12:00 Active Living
9:00 First Bible Church, *C*
10:00 Communion, *C*
10:30 Rosary Group, *C*
11:00 News and Views, *P, JM*
1:00-5:00 Creative Expression
1:00 Pokeno, *AS, JM*
2:30 Wheel of Fortune, *AS, JM*
4:00 Afternoon Stretch, *P, CL*
6:00-8:00 Community Connection - Game Night, *AS, CL*
7:00 Movie Night- Same Kind of Different As Me, *TR*

12

8:30-9:30 Gentle Waking - Word Searches, *L*
9:00-12:00 Active Living
9:00 Text Twist, *AS, CL*
10:00 Baking Club, *P, CL*
11:00 Roulette, *CK, CL*
1:00-5:00 Creative Expression
1:30 Educational Seminar- Histories Mysteries- Knights of Camelot, *C*
2:00 Mix and Mingle, *P, CW*
3:00 Family Feud, *AS, CW*
4:00 Afternoon Stretch, *P, CW*
6:00-8:00 Community Connection - Sketch and Guess, *AS, CW*
7:00 Movie Night- Race to Witch Mountain, *TR*

13

8:30-9:30 Gentle Waking - Crossword Puzzles, *L*
9:00-12:00 Active Living
9:00 Olympic Fit Exercise, *CB*
10:00 Baking Club, *P, CL*
10:00 Piano with Ken, *Lobby*
11:00 Bean Bag Toss, *P, CL*
11:00 Lunch Trip- Miller's Ale House, *Lobby, CW*
1:00-5:00 Creative Expression
1:00 Fun Facts with Wayne, *AS*
2:00 Bridge Group, *CK*
2:30 Arts & Crafting, *AS, CW*
4:00 Afternoon Stretch, *P, CW*
6:00-8:00 Live Musical Performance by DJ Styles, *P*
7:00 Movie Night-Triumph of the Heart, *TR*

14

8:30-9:30 Gentle Waking - Sudoku, *L*
9:00-12:00 Active Living
9:00 Wheel of Fortune, *AS, CL*
10:00 Bowling, *P, CL*
11:00 Communion with Deacon, *C*
1:00-5:00 Creative Expression
1:00 Mahjong, *CK*
2:00 Theater Lovers- Play Reading, *AS*
3:00 Jewelry making with Ann and Genevieve, *P*
4:00 Afternoon Stretch, *P, CW*
6:00-8:00 Community Connection - Game Night, *AS, CW*
7:00 Movie Night- The Theory of Everything, *TR*

15

8:30-9:30 Gentle Waking - Crossword Puzzles, *L*
9:00-12:00 Active Living
9:00 Gardening, *G, JM*
10:00 Pokeno, *AS, JM*
11:00 Wheel of Fortune, *AS, JM*
1:00-5:00 Creative Expression
1:00 Left, Right, Center, *AS, JM*
2:00 Uno Tournament, *CK*
3:00 Happy Hour w/ Michelle, *P*
4:00 Afternoon Stretch, *P, CL*
6:00-8:00 Community Connection - Bingo, *P, CL*
7:00 Movie Night- Alice Doesn't Live here Anymore, *TR*

16

8:30-9:30 Gentle Waking - Word Searches, *L*
9:00-12:00 Active Living
9:00 Text Twist, *AS*
10:00 Derby Racing, *P*
11:00 News and Views, *P*
1:00-5:00 Creative Expression
1:00 Sabbath Service, *C*
1:30 Bean Bag Toss, *P, CW*
2:30 Afternoon Treats with Chef Bobby, *P*
3:00 Family Feud, *AS, CW*
4:00 Afternoon Stretch, *P, CW*
6:00-8:00 Community Connection- Left, Right, Center, *AS, CW*
7:00 Movie Night- Philadelphia

17

8:30-9:30 Gentle Waking - Sudoku Puzzles, *L*
9:00-12:00 Active Living
10:00 Olympic Fit Exercise Class, *CB*
11:30 You be the Judge, *P, CW*
1:00-5:00 Creative Expression
1:00 Jeopardy, *AS, CW*
2:00 Afternoon Movie- Nova: The Day the Dinosaurs Died, *TR*
2:30 Scenic Drive, *Lobby, CW*
4:00 Afternoon Stretch, *P, JM*
6:00-8:00 Community Connection - Game Night, *P, JM*
7:00 Movie Night- The Jane Austen Book Club, *TR*

18	19	20	21	22	23	24
<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Crossword Puzzles, <i>L</i> 🏃 9:00-12:00 Active Living 📖 9:00 First Bible Church, <i>C</i> 🕯 10:00 Communion, <i>C</i> 🕯 10:30 Rosary Group, <i>C</i> 📰 11:00 News and Views, <i>P, JM</i> 🎨 1:00-5:00 Creative Expression 🎮 1:00 Pokeno, <i>P JM</i> 🎲 2:30 Wheel of Fortune, <i>AS JM</i> 🏃 4:00 Afternoon Stretch, <i>P JM</i> 🔥 6:00-8:00 Community Connection - Game Night, <i>AS JM</i> 🎬 7:00 Movie Night- Documentary: Life in the Dog House, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Word Searches, <i>L</i> 🏃 9:00-12:00 Active Living 📖 9:00 Text Twist, <i>AS, JM</i> 🏃 10:00 Bean Bag Toss, <i>P, JM</i> 🎱 11:00 Billiards, <i>2E</i> 🎰 11:00 Roulette, <i>CK, JM</i> 🎨 1:00-5:00 Creative Expression 🎤 1:30 Live Musical Performance by Lynn, <i>P</i> 🎲 2:00 Mix and Mingle, <i>P, JM</i> 🎨 3:00 Ceramics Painting with Jean, <i>AS</i> 🔥 6:00-8:00 Community Connection - Parcheesi, <i>AS</i> 🎬 7:00 Movie Night- Starsky and Hutch, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Crossword Puzzles, <i>L</i> 🏃 9:00-12:00 Active Living 🏃 9:00 Olympic Fit Class, <i>CB</i> 🎹 10:00 Piano and Viola Performance, <i>Lobby</i> 🏃 11:00 Bean Bag Toss, <i>P, CW</i> 🍖 11:00 Lunch Trip- Outback Steakhouse, <i>Lobby, CW</i> 🎨 1:00-5:00 Creative Expression 🏃 1:00 Fun Facts with Wayne, <i>AS</i> 🕯 2:30 Fine Arts & Crafting, <i>AS, CW</i> 🏃 4:00 Afternoon Stretch, <i>P, CW</i> 🔥 6:00-8:00 Community Connection - Board Games, <i>AS</i> 🎬 7:00 Movie Night- About a Boy, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Sudoku, <i>L</i> 🏃 9:00-12:00 Active Living 🏃 10:00 Morning Stroll w/ Theresa, <i>P</i> 🏃 10:00 Shopping - CVS, <i>Lobby, CW</i> 🕯 11:00 Communion with Deacon, <i>C</i> 🎵 11:30 Luncheon with live musical performance by Mark Garni, <i>DR</i> 🎨 1:00-5:00 Creative Expression 🎮 1:00 Mahjong, <i>CK</i> 🎨 2:00 Sketch and Guess, <i>AS, CW</i> 🕯 3:00 Jewelry making with Ann and Genevieve, <i>P</i> 🏃 4:00 Afternoon Stretch, <i>P, CW</i> 🔥 6:00-8:00 Community Connection - Board Games, <i>AS</i> 🎬 7:00 Movie Night- Jersey Boys, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Crossword Puzzles, <i>L</i> 🏃 9:00-12:00 Active Living 🌿 9:00 Gardening, <i>G</i> 🍪 10:00 Sugar Cookie Decorating, <i>P, CW</i> 📖 11:00 Bible Study with Nina, <i>C</i> 🎨 1:00-5:00 Creative Expression 🏃 1:00 Left, Right, Center, <i>AS, CW</i> 🎲 2:00 Uno Tournament, <i>CK</i> 🎉 3:00 Happy Hour with Michelle, <i>P</i> 🏃 4:00 Afternoon Stretch, <i>P, CW</i> 🔥 6:00-8:00 Community Connection - Board Games, <i>P</i> 🎬 7:00 Movie Night- Sherlock Holmes, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Word Searches, <i>L</i> 🏃 9:00-12:00 Active Living 🌿 9:00 Gardening, <i>G</i> 🎮 10:00 Bingo, <i>AS, CW</i> 📖 11:00 Text Twist, <i>AS, CW</i> 🎨 1:00-5:00 Creative Expression 🕯 1:00 Sabbath Service, <i>C</i> 🏃 1:30 Bean Bag Toss, <i>P, CW</i> 👐 2:00 Tender Touch Massage with Ruth, <i>C</i> 👨 2:30 Afternoon Treats with Chef Bobby, <i>P</i> 🏃 3:30 Zumba with Mama Fe, <i>P</i> 🔥 6:00-8:00 Community Connection - Card Games, <i>AS</i> 🎬 7:00 Movie Night- War Horse 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Sudoku Puzzles, <i>L</i> 🏃 9:00-12:00 Active Living 🏃 10:00 Olympic Fit Exercise Class, <i>CB</i> 🎭 11:30 You be the Judge, <i>P, CW</i> 🎨 1:00-5:00 Creative Expression 🎮 1:00 Jeopardy, <i>AS, CW</i> 🎤 2:00 Live Musical Performance by John, <i>P</i> 🏃 3:00 Derby Racing, <i>P, CW</i> 🏃 4:00 Afternoon Stretch, <i>P, CW</i> 🔥 6:00-8:00 Community Connection - Pokeno, <i>P JM</i> 🎬 7:00 Movie Night- The Iron Lady, <i>TR</i>
25	26	27	28	29	30	31
<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Crossword Puzzles, <i>L</i> 🏃 9:00-12:00 Active Living 📖 9:00 First Bible Church, <i>C</i> 🕯 10:00 Communion, <i>C</i> 🕯 10:30 Rosary Group, <i>C</i> 📰 11:00 News and Views, <i>P, JM</i> 🎨 1:00-5:00 Creative Expression 🎮 1:00 Left, Right, Center, <i>CK, JM</i> 🎤 2:00 Live Musical Performance by Angelica, <i>C</i> 🏃 4:00 Afternoon Stretch, <i>P, JM</i> 🔥 6:00-8:00 Community Connection - Card Games, <i>AS</i> 🎬 7:00 Movie Night- The Imitation Game, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Word Searches, <i>L</i> 🏃 9:00-12:00 Active Living 🌿 9:00 Gardening, <i>G</i> 🎱 10:00 Billiards, <i>2E</i> 🎰 11:00 Roulette, <i>CK, JD</i> 🎨 1:00-5:00 Creative Expression 🎭 1:00 You be the Judge, <i>P, JD</i> 🎤 2:00 Live Musical Performance by Lina, <i>P</i> 🎲 2:00 Mix and Mingle, <i>P</i> 🎮 3:00 Family Feud, <i>AS, JD</i> 🏃 4:00 Afternoon Stretch, <i>P, JD</i> 🔥 6:00-8:00 Community Connection - Brain Games, <i>AS, JD</i> 🎬 7:00 Movie Night-The Graduate, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Crossword Puzzles, <i>L</i> 🏃 9:00-12:00 Active Living 🏃 9:00 Olympic Fit Class, <i>CB</i> 🕒 10:30 Tuesday Trivia, <i>AS, CL</i> 🏃 11:00 Bean Bag Toss, <i>P, CL</i> 🎨 1:00-5:00 Creative Expression 🏃 1:00 Fun Facts with Wayne, <i>AS</i> 🎤 1:30 Crazy Cash Trade out, <i>Lobby, CW</i> 👥 2:00 Bridge Group, <i>CK</i> 🎮 3:00 Jeopardy, <i>P, CW</i> 🏃 4:00 Afternoon Stretch, <i>P, CW</i> 🎨 6:00-8:00 Community Connection - Sketch and Guess, <i>AS, CW</i> 🎬 7:00 Movie Night- Mary Poppins Returns, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Sudoku, <i>L</i> 🏃 9:00-12:00 Active Living 🎮 9:00 Pokeno, <i>AS, CL</i> 🏃 10:00 Morning Stroll w/ Theresa, <i>P</i> 🕯 11:00 Communion with Deacon, <i>C</i> 🎨 1:00-5:00 Creative Expression 🏃 1:00 Derby Racing, <i>AS, CW</i> 🎂 2:00 Monthly Birthday Party, <i>P</i> 🕯 3:00 Jewelry making with Ann and Genevieve, <i>P</i> 🏃 4:00 Afternoon Stretch, <i>P, JD</i> 🔥 6:00-8:00 Community Connection - Bingo, <i>AS, JD</i> 🎬 7:00 Movie Night- Nova: Decoding the Weather Machine, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Crossword Puzzles, <i>L</i> 🏃 9:00-12:00 Active Living 🌿 9:00 Gardening, <i>G, CW</i> 🎮 10:00 Pokeno, <i>AS, CW</i> 🎲 11:00 Wheel of Fortune, <i>AS, CW</i> 🎨 1:00-5:00 Creative Expression 🎮 1:00 Left, Right, Center, <i>AS, CW</i> 🎲 2:00 Uno Tournament, <i>CK</i> 🎉 3:00 Happy Hour with Michelle, <i>P</i> 🏃 4:00 Afternoon Stretch, <i>P, CL</i> 🔥 6:00-8:00 Community Connection - Live Musical Performance by Mark, <i>P</i> 🎬 7:00 Movie Night- The Confirmation, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Word Searches, <i>L</i> 🏃 9:00-12:00 Active Living 📖 9:00 Text Twist, <i>AS, CW</i> 🎱 10:00 Bowling, <i>P, CW</i> 🧠 11:00 Brain Storming, <i>AS, CW</i> 🎨 1:00-5:00 Creative Expression 🕯 1:00 Sabbath Service, <i>C</i> 🏃 1:30 Bean Bag Toss, <i>P, CW</i> 👨 2:30 Afternoon Treats with Chef Bobby, <i>P</i> 🎮 3:00 Family Feud, <i>AS, CW</i> 🏃 4:00 Afternoon Stretch, <i>P, CW</i> 🔥 6:00-8:00 Community Connection - Board Games, <i>AS</i> 🎬 7:00 Movie Night- Lady in the Water, <i>TR</i> 	<ul style="list-style-type: none"> 🕒 8:30-9:30 Gentle Waking - Sudoku Puzzles, <i>L</i> 🏃 9:00-12:00 Active Living 🏃 10:00 Olympic Fit Exercise Class, <i>CB</i> 🎭 11:30 You be the Judge, <i>P, CW</i> 🎨 1:00-5:00 Creative Expression 🎮 1:00 Jeopardy, <i>AS, CW</i> 🎬 2:00 Afternoon Movie- Blackfish, <i>TR</i> 🏃 2:30 Scenic Drive, <i>Lobby, CW</i> 🏃 4:00 Afternoon Stretch, <i>P, CW</i> 🔥 6:00-8:00 Community Connection - Card Games, <i>AS</i> 🎬 7:00 Movie Night- The Brothers Grimm, <i>TR</i>

Notes:

- **Please see activity board in lobby for cancelations or changes.**
- **Duration of trips depends on the destination.**
- **Please arrive in the lobby 15 mins before trips depart**
- **In the event of an activity not taking place per schedule please notify Diana Thompson, Lifestyles Director (if unavailable please notify Elizabeth Ratcliffe, Valeo Director)**

august

