

July 2018: VALEO Memory Care Neighborhood Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:00-10:00 First Bible Church Group, C</p> <p>🕒 9:30-11:30 Active Living- Life Stories, 3L</p> <p>🕒 1:00-3:00 Creative Expression- Abstract Art, 3L</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Chef's Table, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>2</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Target Toss, WR</p> <p>🕒 1:00-3:00 Creative Expression- Resident Music Hour, 3L</p> <p>🕒 2:00-3:00 Do Wop Show, P</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Movie Night, WR</p>	<p>3</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Let's Explore & Traveling Together, 3L</p> <p>🕒 11:00-11:30 Music & Memories with Debbie & Kathy, WR</p> <p>🕒 1:00-3:00 Creative Expression- Wii Sports, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Bob Ross, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>4</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:00-10:00 Furry Friends Visit with Duke, AB</p> <p>🕒 9:30-11:30 Active Living- Life Stories & Memory Games, 3L</p> <p>🕒 9:30-10:30 Piano Performance by Ken, L</p> <p>🕒 11:00-11:30 Communion with Deacon Tobon, C</p> <p>🕒 12:00-2:00 Community Connection- Card Games & Puzzles, RS</p> <p>🕒 1:00-3:00 Creative Expression- Gardening, WR</p> <p>🕒 2:00-4:00 Fourth of July Party: Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV The Sixties, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Puzzles and Board Games, WR</p> <p>Happy 4th of July</p>	<p>5</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Collage & Balloon Volleyball, 3L</p> <p>🕒 1:00-2:00 Singing Performance by Lynn, P</p> <p>🕒 1:00-3:00 Creative Expression- Resident Music Hour, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Natures Greatest Events, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Craft Corner, 3L</p>	<p>6</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Light Yoga & Fun Fact Friday, 3L</p> <p>🕒 10:00-11:00 Baking Club- 4TH of July Fruit Skewers, DR</p> <p>🕒 1:00-2:00 Sabbath Service, C</p> <p>🕒 1:00-3:00 Creative Expression- Life Stories, 3L</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Planet Earth, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Board Games, 3L</p>	<p>7</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Derby Racing & Abstract Art, 3L</p> <p>🕒 1:00-3:00 Creative Expression- Walk to the Beat, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV The Cosmos, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Movie Night, WR</p>
<p>8</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:00-10:00 First Bible Church Group, C</p> <p>🕒 9:30-11:30 Active Living- Life Stories, 3L</p> <p>🕒 1:00-3:00 Creative Expression- Abstract Art, 3L</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Chef's Table, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>9</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Target Toss, WR</p> <p>🕒 1:00-3:00 Creative Expression- Resident Music Hour, 3L</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Movie Night, WR</p>	<p>10</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Let's Explore & Traveling Together, 3L</p> <p>🕒 11:00-11:30 Music & Memories with Debbie & Kathy, WR</p> <p>🕒 1:00-3:00 Creative Expression- Wii Sports, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Bob Ross, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-7:00 Performance by DJ Styles, P</p> <p>🕒 6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>11</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:00-10:00 Furry Friends Visit with Duke, AB</p> <p>🕒 9:30-11:30 Active Living- Life Stories & Memory Games, 3L</p> <p>🕒 9:30-10:30 Piano Performance by Ken, L</p> <p>🕒 11:00-11:30 Communion with Deacon Tobon, C</p> <p>🕒 12:00-2:00 Community Connection- Card Games & Puzzles, RS</p> <p>🕒 1:00-3:00 Creative Expression- Gardening, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV The Sixties, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Puzzles and Board Games, WR</p>	<p>12</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Collage & Balloon Volleyball, 3L</p> <p>🕒 1:00-2:00 Healthy Body, Healthy Mind with Anne Guinta, 3L</p> <p>🕒 1:00-3:00 Creative Expression- Resident Music Hour, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Natures Greatest Events, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Craft Corner, 3L</p>	<p>13</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Light Yoga & Fun Fact Friday, 3L</p> <p>🕒 1:00-2:00 Sabbath Service, C</p> <p>🕒 1:00-3:00 Creative Expression- Life Stories, 3L</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Planet Earth, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Board Games, 3L</p>	<p>14</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Derby Racing & Abstract Art, 3L</p> <p>🕒 1:00-3:00 Creative Expression- Walk to the Beat, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV The Cosmos, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Movie Night, WR</p>
<p>15</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:00-10:00 First Bible Church Group, C</p> <p>🕒 9:30-11:30 Active Living- Life Stories, 3L</p> <p>🕒 1:00-3:00 Creative Expression- Abstract Art, 3L</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Chef's Table, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>16</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Target Toss, WR</p> <p>🕒 1:00-3:00 Creative Expression- Resident Music Hour, 3L</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Movie Night, WR</p>	<p>17</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Let's Explore & Traveling Together, 3L</p> <p>🕒 10:00-11:00 Baking Club- Chocolate Crinkle Cookies, DR</p> <p>🕒 11:00-11:30 Music & Memories with Debbie & Kathy, WR</p> <p>🕒 1:00-3:00 Creative Expression- Wii Sports, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Bob Ross, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>18</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:00-10:00 Furry Friends Visit with Duke, AB</p> <p>🕒 9:30-11:30 Active Living- Life Stories & Memory Games, 3L</p> <p>🕒 9:30-10:30 Piano Performance by Ken, L</p> <p>🕒 11:00-11:30 Communion with Deacon Tobon, C</p> <p>🕒 12:00-2:00 Community Connection- Card Games & Puzzles, RS</p> <p>🕒 1:00-2:00 Performance by Travelin' Phil, 3L</p> <p>🕒 1:00-3:00 Creative Expression- Gardening, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV The Sixties, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Puzzles and Board Games, WR</p>	<p>19</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Collage & Balloon Volleyball, 3L</p> <p>🕒 1:00-3:00 Creative Expression- Resident Music Hour, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Natures Greatest Events, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Craft Corner, 3L</p>	<p>20</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Light Yoga & Fun Fact Friday, 3L</p> <p>🕒 1:00-2:00 Sabbath Service, C</p> <p>🕒 1:00-3:00 Creative Expression- Life Stories, 3L</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV Planet Earth, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-7:00 Summer Serenade: Puppetry, P</p> <p>🕒 6:00-8:00 Community Connection- Board Games, 3L</p>	<p>21</p> <p>🕒 8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>🕒 9:30-11:30 Active Living- Derby Racing & Abstract Art, 3L</p> <p>🕒 1:00-3:00 Creative Expression- Walk to the Beat, WR</p> <p>🕒 2:00-4:00 Afternoon Social and Dance, WR</p> <p>🕒 4:00-4:30 Transition Time- TV The Cosmos, WR</p> <p>🕒 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>🕒 6:00-8:00 Community Connection- Movie Night, WR</p>

22	23	24	25	26	27	28
<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-10:00 First Bible Church Group, C</p> <p>9:30-11:30 Active Living- Life Stories, 3L</p> <p>1:00-3:00 Creative Expression- Abstract Art, 3L</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV Chef's Table, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:30-11:30 Active Living- Target Toss, WR</p> <p>1:00-3:00 Creative Expression- Resident Music Hour, 3L</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Movie Night, WR</p>	<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:30-11:30 Active Living- Let's Explore & Traveling Together, 3L</p> <p>11:00-11:30 Music & Memories with Debbie & Kathy, WR</p> <p>1:00-3:00 Creative Expression- Wii Sports, WR</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV Bob Ross, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-10:00 Furry Friends Visit with Duke, AB</p> <p>9:30-11:30 Active Living- Life Stories & Memory Games, 3L</p> <p>9:30-10:30 Piano Performance by Ken, L</p> <p>11:00-11:30 Communion with Deacon Tobon, C</p> <p>12:00-2:00 Community Connection- Card Games & Puzzles, RS</p> <p>1:00-3:00 Creative Expression- Gardening, WR</p> <p>2:00-3:00 Monthly Birthday Party: Performance by Dave, P</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV The Sixties, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Puzzles and Board Games, WR</p>	<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:30-11:30 Active Living- Collage & Balloon Volleyball, 3L</p> <p>1:00-3:00 Creative Expression- Resident Music Hour, WR</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV- Natures Greatest Events, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Craft Corner, 3L</p>	<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:30-11:30 Active Living- Light Yoga & Fun Fact Friday, 3L</p> <p>10:00-11:00 Baking Club- Raspberry Oatmeal Bars, DR</p> <p>1:00-2:00 Sabbath Service, C</p> <p>1:00-3:00 Creative Expression- Life Stories, 3L</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV Planet Earth, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Board Games, 3L</p>	<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:30-11:30 Active Living- Derby Racing & Abstract Art, 3L</p> <p>1:00-3:00 Creative Expression- Walk to the Beat, WR</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV The Cosmos, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Movie Night, WR</p>
29	30	31	Staff Key:	Notes:	MEETING PLACES	DIMENSIONS OF WELLNESS
<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-10:00 First Bible Church Group, C</p> <p>9:30-11:30 Active Living- Life Stories, 3L</p> <p>1:00-3:00 Creative Expression- Abstract Art, 3L</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV Chef's Table, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:30-11:30 Active Living- Target Toss, WR</p> <p>1:00-3:00 Creative Expression- Resident Music Hour, 3L</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Movie Night, WR</p>	<p>8:00-10:00 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:30-11:30 Active Living- Let's Explore & Traveling Together, 3L</p> <p>11:00-11:30 Music & Memories with Debbie & Kathy, WR</p> <p>1:00-3:00 Creative Expression- Wii Sports, WR</p> <p>2:00-4:00 Afternoon Social and Dance, WR</p> <p>4:00-4:30 Transition Time- TV Bob Ross, WR</p> <p>4:30-6:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Aromatherapy & Massage, WR</p>	<p>Valeo Director:</p> <p>Elizabeth Ratcliffe, ER</p> <p>Lifestyles Director:</p> <p>Diana Thompson, DT</p> <p>Recreation Staff:</p> <p>Christine Lia, CL Crisan White, CW Ashley Jones, AJ (Valeo)</p>	<p>**All programs last approximately one hour</p> <p>**Duration of trips depends on the destination.</p> <p>** All community trips will meet in the pub before departure</p> <p>**Please arrive 15 min prior to scheduled trip</p> <p>**Happy Hour is 2:30 in the Pub</p> <p>** Marketplace is open Tuesdays and Thursdays from 1:00pm-3:00pm</p> <p>- Live Entertainment/Performance - Baking Club - Furry Friends/Creature Comforts</p>	<p>AB - Around the Building C - Chapel 3L - 3rd Floor Lounge WR - Winter Sitting Room DR - Dining Room P - Pub L - Lobby RS - Rehab Suite</p> <p>**In the event of an activity not taking place as per schedule please notify Elizabeth Ratcliffe (Valeo Director)**</p>	<p> Physical</p> <p> Social</p> <p> Intellectual</p> <p> Spiritual</p>

