

June 2018: VALEO Memory Care Neighborhood Calendar

The Brielle at Seaview - MC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DIMENSIONS OF WELLNESS	MEETING PLACES				1	2
 Physical  Social  Intellectual  Spiritual	AB - Around the Building 3L - 3rd Floor Lounge DR - Dining Room C - Chapel WR - Winter Sitting Room P - Pub RS - Rehab Suite L - Lobby			 <p><i>Sometimes you just have to go with the waves</i></p>	<p> 8:30-9:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p> 9:00-11:00 Active Living- Light Yoga & Target Toss, 3L</p> <p> 10:00-11:00 Baking Club, DR</p> <p> 1:00-2:00 Sabbath Service, C</p> <p> 1:00-3:00 Creative Expression- Life Stories, 3L</p> <p> 2:00-4:00 Afternoon Social and Dance, DR</p> <p> 4:00-4:30 Transition Time- TV Planet Earth, WR</p> <p> 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p> 6:00-8:00 Community Connection- Board Games, 3L</p>	<p> 8:30-9:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p> 9:00-11:00 Active Living- Derby Racing & Abstract Art, 3L</p> <p> 1:00-3:00 Creative Expression- Walk to the Beat, WR</p> <p> 2:00-4:00 Afternoon Social and Dance, DR</p> <p> 4:00-4:30 Transition Time- TV The Cosmos, WR</p> <p> 4:30-6:30 Transition Time- Dinner is Served, DR</p> <p> 6:00-8:00 Community Connection- Movie Night, WR</p>
3	4	5	6	7	8	9
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10	11	12	13	14	15	16
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17	18	19	20	21	22	23
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Staff Key:
 Valeo Director
 Elizabeth Ratcliffe, ER

Lifestyles Director:
 Diana Thompson, DT

Recreation Staff:
 Christine Lia, CL
 Crisan White, CW

Notes:

****All programs last approximately one hour**
****Duration of trips depends on the destination.**
**** All community trips will meet in the pub before departure**
****Please arrive 15 min prior to scheduled trip**
****Happy Hour is 2:30 in the Pub**
**** Marketplace is open Tuesdays and Thursdays from 1:00pm-3:00pm**

****In the event of an activity not taking place per schedule please notify Elizabeth Ratcliffe (Valeo Director)****

