

# APRIL 2018

The Brielle at Seaview – VALEO (MC)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 10:00 First Bible Church Group, C</p> <p>9:00- 11:00 Active Living- Life Stories, 3L</p> <p>1:00- 3:00 Creative Expression- Easter Egg Dying &amp; Abstract Art, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Chef's Table, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Aromatherapy &amp; Massage, WR</p> <p><b>HAPPY EASTER!</b></p>	<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 11:00 Active Living- Chair Dancing, WR</p> <p>1:00- 2:00 Performance with Lynn, P</p> <p>1:00- 3:00 Creative Expression- Resident Music Hour, 3L</p> <p>2:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Movie Night, WR</p>	<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 11:00 Active Living- Let's Explore &amp; Traveling Together, 3L</p> <p>10:00-11:00 Viola &amp; Piano Performance, L</p> <p>11:00- 11:30 Music &amp; Memories with Debbie &amp; Kathy, WR</p> <p>1:00- 3:00 Creative Expression- Wii Sports, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Bob Ross, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Aromatherapy &amp; Massage, WR</p>	<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-10:00 Furry Friends Visit with Duke, AB</p> <p>9:00-11:00 Active Living- Life Stories &amp; Memory Games, 3L</p> <p>11:00 Communion with Deacon Tobon, C</p> <p>12:00- 1:00 Community Connection- Card Games &amp; Puzzles, RS</p> <p>1:00- 3:00 Creative Expression- Gardening, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV The Sixties, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Puzzles and Board Games, WR</p>	<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Collage &amp; Balloon Volleyball, 3L</p> <p>1:00-3:00 Creative Expression- Resident Music Hour, WR</p> <p>2:00-4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV- Natures Greatest Events, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Craft Corner, 3L</p>	<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Light Yoga &amp; Target Toss, 3L</p> <p>1:00 Sabbath Service, C</p> <p>1:00-3:00 Creative Expression- Life Stories, 3L</p> <p>2:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Planet Earth, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Board Games, 3L</p>	<p>8:30 -10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Derby Racing &amp; Abstract Art, 3L</p> <p>1:00- 3:00 Creative Expression- Walk to the Beat, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV The Cosmos, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Movie Night, WR</p>
8	9	10	11	12	13	14
<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 10:00 First Bible Church Group, C</p> <p>9:00- 11:00 Active Living- Life Stories, 3L</p> <p>1:00- 3:00 Creative Expression- Abstract Art, 3L</p> <p>2:00- 4:00 Afternoon Social &amp; Dance, DR</p> <p>4:00 Transition Time- TV Chef's Table, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Aromatherapy &amp; Massage, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 11:00 Active Living- Chair Dancing, WR</p> <p>1:00- 3:00 Creative Expression- Resident Music Hour, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Movie Night, WR</p>	<p>8:30- 9:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 11:00 Active Living- Let's Explore &amp; Traveling Together, 3L</p> <p>10:00- 11:00 Cooking Club, DR</p> <p>11:00- 11:30 Music &amp; Memories with Debbie &amp; Kathy, WR</p> <p>1:00- 3:00 Creative Expression- Wii Sports, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Bob Ross, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-7:00 Performance by DJ Styles, P</p> <p>6:00- 8:00 Community Connection- Aromatherapy &amp; Massage, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-10:00 Furry Friends Visit with Duke, AB</p> <p>9:00-11:00 Active Living- Life Stories &amp; Memory Games, 3L</p> <p>9:30- 10:30 Piano Performance with Ken, L</p> <p>11:00 Communion with Deacon Tobon, C</p> <p>12:00- 1:00 Community Connection- Card Games &amp; Puzzles, RS</p> <p>1:00-3:00 Creative Expression- Gardening, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV The Sixties, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Puzzles and Board Games, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Collage &amp; Balloon Volleyball, 3L</p> <p>1:00-2:00 Healthy Body, Healthy Mind Seminar with Anne, 3L</p> <p>1:00-3:00 Creative Expression- Resident Music Hour, WR</p> <p>2:00-4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV- Natures Greatest Events, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Craft Corner, 3L</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Light Yoga &amp; Target Toss, 3L</p> <p>10:00- 11:00 Baking Club, DR</p> <p>1:00 Sabbath Service, C</p> <p>1:00-3:00 Creative Expression- Life Stories, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Planet Earth, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Board Games, 3L</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Derby Racing &amp; Abstract Art, 3L</p> <p>1:00-3:00 Creative Expression- Walk to the Beat, WR</p> <p>2:00-4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV The Cosmos, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Movie Night, WR</p>
15	16	17	18	19	20	21
<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 10:00 First Bible Church Group, C</p> <p>9:00- 11:00 Active Living- Life Stories, 3L</p> <p>1:00- 3:00 Creative Expression- Abstract Art, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Chef's Table, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Aromatherapy &amp; Massage, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 11:00 Active Living- Chair Dancing, WR</p> <p>1:00- 3:00 Creative Expression- Resident Music Hour, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Movie Night, WR</p>	<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 11:00 Active Living- Let's Explore &amp; Traveling Together, 3L</p> <p>11:00-11:30 Music &amp; Memories with Debbie &amp; Kathy, WR</p> <p>1:00- 3:00 Creative Expression- Wii Sports, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Bob Ross, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>5:30- 6:30 Musical Theater Puppetry, WR</p> <p>6:00- 8:00 Community Connection- Aromatherapy &amp; Massage, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-10:00 Furry Friends Visit with Duke, AB</p> <p>9:00-11:00 Active Living- Life Stories &amp; Memory Games, 3L</p> <p>9:30- 10:30 Piano Performance by Ken, L</p> <p>11:00 Communion with Deacon Tobon, C</p> <p>1:00-3:00 Creative Expression- Gardening, WR</p> <p>1:00-2:00 Performance by Traveling Phil, WR</p> <p>2:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV The Sixties, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Puzzles and Board Games, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Collage &amp; Balloon Volleyball, 3L</p> <p>1:00- 3:00 Creative Expression- Resident Music Hour, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV- Natures Greatest Events, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Craft Corner, 3L</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Light Yoga &amp; Target Toss, 3L</p> <p>10:00- 11:00 Baking Club, DR</p> <p>1:00 Sabbath Service, C</p> <p>1:00-3:00 Creative Expression- Life Stories, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Planet Earth, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Board Games, 3L</p>	<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Derby Racing &amp; Abstract Art, 3L</p> <p>1:00-3:00 Creative Expression- Walk to the Beat, WR</p> <p>2:00-4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV The Cosmos, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Movie Night, WR</p>
22	23	24	25	26	27	28
<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 10:00 First Bible Church Group, C</p> <p>9:00- 11:00 Active Living- Life Stories, 3L</p> <p>1:00- 3:00 Creative Expression- Abstract Art, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Chef's Table, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Aromatherapy &amp; Massage, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 11:00 Active Living- Chair Dancing, WR</p> <p>1:00- 3:00 Creative Expression- Resident Music Hour, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Movie Night, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 11:00 Active Living- Let's Explore &amp; Traveling Together, 3L</p> <p>10:00- 11:00 Cooking Club, DR</p> <p>11:00- 11:30 Music &amp; Memories with Debbie &amp; Kathy, WR</p> <p>1:00- 3:00 Creative Expression- Wii Sports, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Bob Ross, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Aromatherapy &amp; Massage, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-10:00 Furry Friends Visit with Duke, AB</p> <p>9:00-11:00 Active Living- Life Stories &amp; Memory Games, 3L</p> <p>9:30- 10:30 Piano Performance by Ken, L</p> <p>11:00 Communion with Deacon Tobon, C</p> <p>1:00-3:00 Creative Expression- Gardening, WR</p> <p>2:00-3:00 Monthly Birthday Party &amp; Performance by Dave, P</p> <p>4:00 Transition Time- TV The Sixties, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Puzzles &amp; Board Games, WR</p>	<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Collage &amp; Balloon Volleyball, 3L</p> <p>1:00-3:00 Creative Expression- Resident Music Hour, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV- Natures Greatest Events, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Craft Corner, 3L</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Light Yoga &amp; Target Toss, 3L</p> <p>1:00 Sabbath Service, C</p> <p>1:00-3:00 Creative Expression- Life Stories, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Planet Earth, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Board Games, 3L</p>	<p>8:30-10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00-11:00 Active Living- Derby Racing &amp; Abstract Art, 3L</p> <p>1:00- 3:00 Creative Expression- Walk to the Beat, WR</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV The Cosmos, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00-8:00 Community Connection- Movie Night, WR</p>
29	30					<p>MEETING PLACES</p> <p>AB - Around the Building</p> <p>C - Chapel</p> <p>3L - 3rd Floor Lounge</p> <p>DR - Dining Room</p> <p>WR - Winter Sitting Room</p> <p>P - Pub</p> <p>L - Lobby</p> <p>RS - Rehab Suite</p>
<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 10:00 First Bible Church Group, C</p> <p>9:00- 11:00 Active Living- Life Stories, 3L</p> <p>1:00- 3:00 Creative Expression- Abstract Art, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Chef's Table, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Aromatherapy &amp; Massage, WR</p>	<p>8:30- 10:30 Gentle Waking- 1-on-1 Rise and Shine- LEGACY, AB</p> <p>9:00- 11:00 Active Living- Chair Dancing, WR</p> <p>1:00- 3:00 Creative Expression- Resident Music Hour, 3L</p> <p>2:00- 4:00 Afternoon Social and Dance, DR</p> <p>4:00 Transition Time- TV Jack Hanna's Into The Wild, WR</p> <p>4:30 Transition Time- Dinner is Served, DR</p> <p>6:00- 8:00 Community Connection- Movie Night, WR</p>	<p><b>HAPPY EASTER!</b></p>		<p><b>Hello April</b></p>		<p><b>DIMENSIONS OF WELLNESS</b></p> <p>Physical</p> <p>Social</p> <p>Spiritual</p> <p>Intellectual</p>